

Cast on 88 or 96 stitches, knit 4, and purl 4, ribbed knitting for 8 inches. Cast off 32 stitches and rib the remaining stitches for $1\frac{1}{2}$ inches, then cast on 32 stitches again and rib as before for 5 inches. The space left by casting off 32 stitches leaves the hole for the face.

To shape the top, divide the stitches, equally between the three needles. First row knit together, the second and third stitches and last 2 stitches on each needle. Repeat this every row until only 6 stitches are left; draw these together with darning needle and fasten off.

QUEBEC HELMET—

Colour—Khaki or any colour suitable for military woollens.

See Navy Instructions, page 28.

PULLOVER WITH TURTLE NECK AND SLEEVES

Materials—4 ply, 12 ozs. (40—12 ozs.) (42—13 ozs.).

Needles—Two No. 10 and two No. 9 knitting needles. Set of four No. 10 knitting needles (points at both ends), for pullover with turtle neck. One stitch holder.

Measurements—Chest 38 ins., 40 ins., 42 ins. Length from top of shoulder—23 ins., $23\frac{1}{2}$ ins., $23\frac{1}{2}$ ins. Length of sleeve underarm seam—18 ins., 18 ins., 18 ins.

Tension—7 sts. = 1 inch.

The instructions are written for size 38. Sizes 40 and 42 are written in brackets thus: ().

Front: With No. 10 needles cast on 114 sts. (40—122 sts.) (42—130 sts.). Work 4 ins. ribbing (K1, P1) inc. in last row to 128 sts. (40—134 sts.) (42—142 sts.). Change to No. 9 needles and continue even in Stocking st. until work measures 15 ins. from beginning ending with purl row (all sizes).

To shape armholes: Cast off 6 sts. (40—7 sts.) (42—8 sts.) beginning next 2 rows, then dec. 1 st. each end of needle every alternate row to 98 sts. on needle. (40—98 sts.) (42—102 sts.). Continue even until armhole from first shaping measures 7 ins. (40— $7\frac{1}{2}$ ins.) (42— $7\frac{1}{2}$ ins.) ending with purl row.

To shape neck: K33. (40—K33) (42—K35). Turn. Working on these sts. dec. 1 st. at neck edge every alternate row 3 times (all sizes). Continue even until armhole from first shaping measures 8 ins. (40— $8\frac{1}{2}$ ins.) (42— $8\frac{1}{2}$ ins.).

To shape shoulder: At armhole edge cast off 10 sts. every alternate row 3 times. (40 as 38) (42—cast off 8 sts. every alternate row 4 times).

Slip next 32 sts. on st. holder and work on remaining sts. to correspond to other shoulder being careful to have all shapings for opposite side.

Back: Work exactly as given for Front omitting neck shaping until armhole from first shaping measures 8 ins. (40— $8\frac{1}{2}$ ins.) (42— $8\frac{1}{2}$ ins.) ending with purl row.

To shape shoulders: Cast off 10 sts. beginning next 6 rows. (40 as 38) (42—Cast off 8 sts. beginning next 8 rows). Do not break wool.

Collar: Sew shoulder seams. Using set of 4 needles with points at both ends knit across sts. at back of neck, pick up and knit 18 sts. along side of neck, knit across sts. at front of neck, pick up and knit 18 sts. along other side of neck. Working in rounds, work 5 ins. ribbing (K1, P1). Cast off in ribbing.

Sleeves: (Sizes 40 and 42 are written exactly the same). With No. 10 needles cast on 60 sts. (all sizes). Work 4 ins. ribbing (K1, P1), increasing in last row to 70 sts. on needle (all sizes). Change to No. 9 needles and continue in Stocking st. inc. 1 st. each end of needle on 9th and every following 6th row to 96 sts. on needle. (40—100 sts.). Continue even until sleeve measures 18 ins. from beginning, or desired length (all sizes).

To shape cap: Cast off 2 sts. beginning every row to 32 sts. on needle. (all sizes). Cast off.

To make up: Press all pieces carefully. Sew all seams.

MAN'S CONVALESCENT JACKET

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Materials—4 ply Superior botany fingering. 12 ozs.

Needles—Two No. 10 and two No. 8 knitting needles.

One stitch holder. 3 buttons. One medium crochet hook.

Use only the wool specified. It is most important the jacket should be made only of smooth texture wool.

Measurements—Size 40. Width all round at underarm 43 ins. Length from top of shoulder at front $22\frac{1}{2}$ ins. Length from top of shoulder at back $15\frac{1}{2}$ ins. Length of sleeve underarm seam 18 ins. **Note:** The extra width all round at underarm allows the jacket to be comfortably worn over other garments.

Tension— $6\frac{1}{2}$ sts. and 8 rows = 1 inch. **Work to exact tension.**

Front: With No. 8 needles cast on 136 sts. Knit 9 rows Garter st. **10th row:** Knit. **11th row:** K7. Purl to last 7 sts. K7. Repeat 10th and 11th rows until work measures 13 ins. from beginning, ending with purl row.

To shape armholes: Cast off 7 sts. beginning next 2 rows, then dec. 1 st. each end of needle every alternate row to 98 sts. on needle. Continue even in Stocking st. until armhole measures 7 ins. from first shaping, ending with purl row.

To shape neck: K36. Turn. Leave remaining sts. on st. holder. Working on these sts. dec. 1 st. at neck edge every alternate row 6 times. Continue even until armhole measures 9½ ins. from first shaping.

To shape shoulders: At armhole edge cast off 10 sts. every alternate row 3 times.

Slip next 26 sts. on st. holder for neck. On remaining sts. work other shoulder to correspond.

BACK. Note: The back is worked for shoulder warmth and to ensure maximum comfort extends only 6 ins. below armhole. With No. 10 needles cast on 136 sts. Work 5 ins. ribbing (K2, P2). Change to No. 8 needles and continue even in Stocking st. until work measures 6 ins. from beginning, ending with purl row.

To shape armholes: Continue in Stocking st. casting off 7 sts. beginning next 2 rows, then dec. 1 st. each end of needle every alternate row to 98 sts. on needle. Continue even in Stocking st. until armhole measures 9½ ins. from first shaping, ending with purl row.

To shape shoulders: Cast off 10 sts. beginning next 6 rows. Leave remaining sts. on needle. **Do not break wool.**

NECKBAND: Sew left shoulder seam. With No. 10 needles and right side of work facing, knit across sts. at back of neck. Pick up and knit 24 sts. along side of neck. Knit across sts. from st. holder at front of neck. Pick up and knit 24 sts. along other side of neck. Work 1 inch ribbing (K1, P1). **Cast off loosely in ribbing.**

SLEEVES: With No. 10 needles cast on 80 sts. Knit 9 rows Garter st. Change to No. 8 needles. **10th row:** Knit. **11th row:** K1. Purl to last st. K1. Repeat 10th and 11th rows 4 times. Continue in Stocking st. inc. 1 st. each end of needle on 9th and every following 6th row to 106 sts. on needle. Continue even until sleeve measures 18 ins. from beginning, or desired length, ending with purl row.

To shape cap: *Cast off 2 sts. beginning next 2 rows, then 1 st. beginning following 2 rows.*

Repeat from * to * to 46 sts. on needle. Cast off 2 sts. beginning every row to 22 sts. on needle. Cast off.

TO MAKE UP: Press all pieces carefully on wrong side, being careful not to flatten ribbing. Sew all seams, leaving right shoulder open to within 2 ins. of armhole edge. Sew in sleeves. Work 1 row d.c. along back of shoulder opening and 1 row s.c. along front of shoulder opening, working 3 loops for buttonholes on front. Using wool, sew buttons to correspond to buttonholes.

LIGHT WEIGHT AMPUTATION COVERS

Materials for Leg Covers—Special Red Cross 2-ply yarn. Use white only.

13-inch length requires 1 oz. **18-inch length,** 1½ ozs. **25-inch length,** 2 ozs.

Needles—Set of four No. 10 and set of four No. 9 knitting needles (points at both ends), for all sizes.

Materials for Arm Covers—Same needles and approximately same quantity of wool as for Leg Covers. Make only 13 and 18-inch lengths.

Tension—8½ sts. and 11 rows = 1 inch with No. 10 needles. **Work to exact tension.**

The instructions are written for the Leg Covers. The Arm Covers are printed in bold type in parenthesis.

13-inch length: (Width all round at widest part 15 ins.). (**Arm Cover—14 ins.**). With No. 9 needles cast on 148 sts. loosely (48-48-52). (**Arm Cover—124 sts. 40-40-44.**) (Do not knit into back of cast-on sts. as this tightens the edge too much). Work 5 rounds ribbing (K2, P2). Change to No. 10 needles and continue even in ribbing until work measures 3 ins. from beginning inc. 2 sts. in last round. 150 sts. in round. (**Arm Cover—126 sts.**). Continue even in plain knitting until work from beginning measures 4 ins. (**Arm Cover—6 ins.**). Proceed:—

*****Note:** It is very necessary to space the dec's. unevenly so that no dec. is made over the previous dec. and so form a ridge. This article must be free of ridges of any kind.

1st and 2nd dec. rounds: (Leg Cover only). Knit, dec. 10 sts. in round spacing the dec's. on the 3 needles. Work 1 inch even in plain knitting after the 1st and after the 2nd dec. round, also after each of the following dec. rounds. **Next 2 dec. rounds:** (Start dec. Arm Cover with these 2 dec. rounds).

Knit, dec. 9 sts. in round. Next 2 dec. rounds: Knit, dec. 8 sts. in round. Next 2 dec. rounds: Knit, dec. 7 sts. in round. 9th dec. round: (Arm Cover—7th dec. round). Knit, dec. 7 sts. in round. 75 sts. in round. (Arm Cover—71 sts.). **Work 3 rounds even. Next dec. round: Knit, dec. 15 sts. in round.** Repeat from ** to ** to 30 sts. in round. (Arm Cover—26 sts.). Knit 1 round. Next round: *K2 tog. Repeat from * to end of round. Break wool. Thread end through remaining sts. Draw up and fasten securely on wrong side of work, being careful not to make a ridge or bump. ***

18-inch length: (Width all round at widest part 18 ins.). (Arm Cover—15 ins.). With No. 9 needles cast on 148 sts. loosely (48-48-52). (Arm Cover—124 sts. 40-40-44). (Do not knit into back of cast-on sts. as this tightens the edge too much). Work 3 ins. ribbing (K2, P2) inc. 2 sts. in last round. 150 sts. in round. (Arm Cover—126 sts.) Continue even in plain knitting until work measures 5 ins. from beginning. Change to No. 10 needles and continue in plain knitting until work from beginning measures 9 ins. (Arm Cover—11 ins.) then work from *** to *** as given for 13-inch length.

25-inch length: (Width all round at widest part 20 ins.). With No. 9 needles cast on 160 sts. (52-52-56) loosely. (Do not knit into back of cast-on sts. as this tightens the edge too much). Work 3 ins. ribbing (K2, P2). Continue even in plain knitting until work measures 8 ins. from beginning. Next round: Knit, dec. 10 sts. in round spacing the dec's. on the 3 needles. Continue even until work measures 12 ins. from beginning. Change to No. 10 needles and continue even until work measures 16 ins. from beginning, then work from *** to *** as given for 13-inch length.

To press: Turn Cover inside out. Using rustless pins, pin into shape. Cover with wet towel. Steam with hot iron. Do not rest weight of iron on cover to flatten it. Remove towel and pins and leave until dry.

WHAT THE SEAMEN NEED

SOCKS—

Colour—Grey preferred.

See Army section for directions, page 4.

SEAMEN'S STOCKING (Much Needed)—

Colour—Grey.

Wool—8 ozs. heavy 4-ply Scotch fingering or wheeling.

(24)

Needles—4 No. 10, points at both ends.

Measurements—Length of leg from top of sock to under heel 18½ ins. Length of foot—11½ to 14 ins. These socks go over one's socks and leg of trousers.

Cast on 64 sts. (20-20-24). Work 13 ins. ribbing (K2, P2). **Keeping the 2 last sts. on the 3rd needle for seam, dec. 1 st. at beginning of 1st needle and 1 st. in the last 2 knit sts. on 3rd needle. Work 5 rounds even in ribbing between decreasing. Continue decreasing in this manner to 56 sts. in round.

To make heel: Divide sts. (having 2 seam sts. for centre) as follows:—Put 28 sts. onto 2 needles and leave for instep, leaving 28 sts. on one needle for heel. With wrong side of work facing, proceed:—**1st row:** K1. Purl to last st. K1. **2nd row:** *K1. S1. Repeat from * to last 2 sts. K2. Repeat these 2 rows 13 times (approx. 2½ ins.).

To shape heel: K1. P14. P2 tog. P1. Turn. K4. S1. K1. p.s.s.o. K1. Turn. P5. P2 tog. P1. Turn. Continue in this manner, having 1 more st. every row until all sts. are worked onto one needle. Slip instep sts. onto 2nd needle. Divide heel sts. evenly on 1st and 3rd needles. Pick up and knit 14 sts. at right side of heel. Work in ribbing across instep sts. Pick up and knit 14 sts. at other side of heel. Keeping instep sts. in ribbing and heel sts. in stocking st. Work 1 round even. Decrease in next round by knitting together 1 st. from picked up sts. with 1 st. from the instep sts. Rib across the instep sts. to last st. S1. K1 from heel sts. p.s.s.o. Knit to end of round. Continue working in this manner, dec. 1 st. every alternate round until there are 56 sts. in round. Continue even until foot measures 7 ins. from picked up sts.

6	ins.	for size	10½
6½	"	"	11
7½	"	"	12

To shape toe: 1st round: 1st needle: Knit to last 3 sts. K2 tog. K1. 2nd needle: K1. K2 tog. t.b.l. Knit to last 3 sts. K2 tog. K1. 3rd needle: K1. K2 tog. t.b.l. Knit to end of round. Knit 2 rounds even. Repeat these 3 rounds to 28 sts. in round. Slip sts. from 1st to 3rd needle. Graft toe.

Grafting: Divide the stitches equally on two needles. With the wool at one end and with the right side of work facing, break off the wool, leaving a length of several inches, and thread this with a wool needle. *Inserting the wool needle, as if for knitting, into the first st. of the front needle, draw it through the st. and slip the latter off the needle:

(25)

1.27

inserting the needle as if for purling, into the second st. of the front needle, draw the wool through and let the st. remain on the needle, taking the wool under the front needle and inserting the wool needle, as if for purling, into the first st. of the back needle, draw the wool through this st. and slip the latter off the needle: inserting the needle, as if for knitting, into the second st. of the back needle, draw the wool through and let the st. remain on the needle, bring the wool forward under the needle and repeat from * until all sts. are worked off, darning in the end of wool securely when finished.

SEAMEN'S LONG STOCKINGS 26"

Colour—Grey.

Wool—14 oz. heavy 4-ply Scotch fingering or wheeling.

Needles—4 No. 10—4 No. 9—points both ends.

Measurements—Length of leg to bottom of heel, 26 in. Length of foot, 11½ to 14 ins.

Tension—6 sts. 1 inch with No. 10 needles. **Work to exact tension.**

With No. 9 needles cast on 84 sts. (28-28-28). **1st round:** * (K2. P3) 3 times. (K3. P3). Repeat from * 3 times. Repeat 1st round for 2 ins.

1st decreasing round: * (K2. P3) 3 times. K1. K2 tog. P3. Repeat from * 3 times (80 sts. in round). **Next round:** *K2. P3. Repeat from * to end of round. Repeat last round for 2 ins.

2nd decreasing round: *K2. P1. P2 tog. K2. P3. Repeat from * 7 times (72 sts. in round). **Next round:** *K2. P2. K2. P3. Repeat from * 7 times. Repeat last round for 2 ins.

3rd decreasing round: *K2. P2. K2. P1. P2 tog. Repeat from * 7 times (64 sts. in round). **Next round:** *K2. P2. Repeat from * to end of round. Repeat last round until work measures 7½ ins. from beginning. Change to No. 10 needles. Continue in ribbing (K2. P2) until work measures 20½ ins. from beginning. Work remainder of stocking as given from ** in Seamen's Stocking, page 25.

SEA BOOT STOCKINGS—

Material—12 oz. wheeling wool.

Needles—Set of four No. 7 knitting needles with double points.

Cast stitches on and off loosely.

Measurements—Length, 26 inches. Foot, 11½ inches (or length required). Round widest part of leg, 14 inches.

Tension—About 5 stitches and 7 rows to one inch. Always knit into back of cast-on stitches.

Commence at top by casting on 72 sts. on three needles (24-24-24). Work in rounds of rib of K2, P2 for 3½ inches. Slip one st. from each end of centre needle on to 1st and 3rd needles (25-22-25).

Work in knit rounds until work measures 12 ins. from start. Now shape leg.

1st round: 1st needle: K15, K2 tog., K2, K2 tog. b. (i.e. into back of sts.), K4. **2nd needle:** Knit. **3rd needle:** K4, K2 tog., K2, K2 tog. b., K15. Knit 9 rounds.

11th round: 1st needle: K14, K2 tog., K2, K2 tog. b., K3. **2nd needle:** Knit. **3rd needle:** K3, K2 tog., K2, K2 tog. b., K14. Knit 9 rounds.

21st round: 1st needle: K13, K2 tog., K2, K2 tog. b., K2. **2nd needle:** Knit. **3rd needle:** K2, K2 tog., K2, K2 tog. b., K13. Knit 9 rounds.

31st round: 1st needle: K12, K2 tog., K2, K2 tog. b., K1. **2nd needle:** Knit. **3rd needle:** K1, K2 tog., K2, K2 tog. b., K12. Knit 9 rounds.

41st round: 1st needle: K11, K2 tog., K2, K2 tog. b. **2nd needle:** Knit. **3rd needle:** K2 tog., K2, K2 tog. b., K11 (15,-22-15).

Work in knit rounds till work measures 22½ ins. from start. Now divide for heel.

Next round: K12. Turn. Slip the last 12 sts. from 3rd needle on to end of this needle for heel and leave remaining 28 sts. on 2 needles for front of foot. Work on 24 sts. for heel as follows: **Next row:** Purl. **Next row:** S1, K23.

Next row: S1, P23. Rep. last 2 rows 8 more times. Turn heel thus: K15, S1, K1, PSSO, turn. * P7, P2 tog., turn, K7, S1, K1, PSSO, turn. Rep. from * till 9 sts. remain. P7, P2 tog., turn, K4. Now work on 3 needles as follows:

1st needle: K remaining 4 sts., pick up and knit 12 sts. along side of heel. **2nd needle:** K across 28 sts. at front. **3rd needle:** Pick up and knit 12 sts. up side of heel. K remaining 4 sts. (16-28-16).

Next round: Knit. **Next round:** 1st needle: K to last 3 sts., K2 tog., K1. **2nd needle:** Knit. **3rd needle:** K1, K2 tog. b., K to end. Rep. last 2 rounds 4 more times (11-28-11).

Work in knit rounds for 5 inches (i.e. to within 3 inches of required length).

Slip stitch from each end of 2nd needle to 1st and 3rd needles (12-26-12). Shape Toe.

1st round: 1st needle: K to last 3 sts., K2 tog., K1. **2nd needle:** K1, K2 tog. b., K to last 3 sts., K2 tog., K1. **3rd needle:** K1, K2 tog. b., K to end. **2nd round:** Knit. Rep. last 2 rounds 8 more times (3-8-3).

19th round: 1st needle: Knit. **2nd needle:** K1, K2 tog. b., K2, K2 tog., K1. **3rd needle:** Knit. Cast off by folding sts. in half and casting off 2 tog. all along row. Alternatively graft.

Press well on wrong side with a hot iron over a damp cloth.

GLOVES

See Army section for directions, page 7.

HALF MITTS.

Colour—Navy blue or grey.

See Army section for directions, page 8.

WHOLE MITTS.

Colour—Navy blue or grey.

See Army section for directions, page 11.

TWO-WAY MITTS—

See Army section for directions, page 12.

SCARF.

Colour—Navy blue.

Wool—Heavy 4-ply Scotch fingering.

Needles—Two No. 8.

Measurement—Must be 14 ins. wide and not less than 66 ins. to 72 ins. long.

Heavier wools may be used on even larger needles.

Cast on 86 stitches for average knitter.

REGULATION V NECK SLEEVELESS SWEATER

Colour—Navy blue or grey.

See Army section for directions, page 14.

HIGH NECK SLEEVELESS SWEATER

Colour—Navy blue or grey.

See Army section for directions, page 14.

TURTLE-NECK TUCK-IN—

See Army section for directions, page 18.

STEEL HELMET CAP—

See Army section for directions, page 17.

BALACLAVA HELMETS—with chest and back piece.

Colour—Navy blue or grey.

See Army section for directions, page 19.

LONG-NECKED, RIBBED HELMET.

Colour—Navy blue or grey.

See Army section for directions, page 19.

QUEBEC HELMET.

Colour—Navy blue or grey.

Material—2 oz. 4-ply Scotch fingering.

Needles—1 Set No. 10 and 1 Set No. 11 Aero Needles.

On No. 10 needles cast on 50 stitches. Knit in rib of knit 2, purl 2, for 6 inches. Break wool. Starting at bottom, right side, pick up 36 stitches along side edge. Knit across the 50 stitches in rib with the second needle. With third needle pick up 36 stitches along other side edge (122 stitches on needles). Knit 2½ inches in ribbing, next row rib 60 stitches, knit 2 together, rib 60 stitches. Knit 3 rows, keeping in rib except where decreasing was made then follow the preceding row. Next row knit 59 stitches in rib, knit 3 together, knit 59 in rib. Continue to decrease by knitting the 3 centre stitches together every fourth row until 113 stitches remain. This should measure 6 inches from where stitches were picked up.

With No. 11 needles knit 2 together, purl 2 together, across row, leaving 57 stitches on needles. Cast on 33 stitches for under chin. Join work and knit in rib of knit 1, purl 1, for 35 rows. Divide stitches one half for front and one half for back (watch your placing). * Change to No. 10 needles and knit in plain knitting for 3 inches; then knit 2 together at the beginning of every row until 35 stitches remain. Cast off. Repeat from * for other side.

For face band: Pick up stitches all around the face opening on No. 11 needles (128 picked up underneath stitches), rib 1, purl 1, for 14 rows and cast off loosely. Cast off knit stitches as knit and purl stitches as purl.

PULLOVER WITH TURTLE NECK AND SLEEVES

See Army section for directions, page 20.

MEN'S CONVALESCENT JACKET—

See Army section for directions, page 21.

LIGHT WEIGHT AMPUTATION COVERS—

See Army section for directions, page 23.

WHAT THE AIR FORCE NEEDS

SOCKS—

Colour—Grey in winter, black in summer, if worn with shoes.

See Army section for directions, page 4.

BROADCAST WRISTLETS.

Colour—Airforce blue.

Four needles size 11.

Cast on 60 stitches. Knit 2, purl 2, for 6 inches.
Cast off on 2 safety-pins, 16 stitches, 8 on each.
Cast on 8 stitches under safety-pins and continue
4 inches to form palm.
Cast off.

To form half thumb, transfer stitches from safety-
pins to two needles.

Pick up 8 stitches under thumb and knit 2 plain,
2 purl, 8 rows.

To divide fingers, with a darning needle sew back
and forward three times, then around and around,
forming a firm bar at end of knitting.

GLOVES

See Army section for directions, page 7.

HALF MITTS.

Colour—Airforce blue.

See Army section for directions, page 8.

WHOLE MITTS.

Colour—Airforce blue.

See Army section for directions, page 11.

TWO-WAY MITTS—

See Army section for directions, page 12.

SCARF.

Colour—Airforce blue.

See Army section for directions, page 13.

SWEATERS.

Colour—Airforce blue.

1. Regulation V neck, sleeveless, page 14.
2. Regulation high neck, sleeveless, page 14.

TURTLE-NECK TUCK-IN—

See Army section for directions, page 18.

STEEL HELMET CAP—

See Army section for directions, page 17.

PULLOVER WITH TURTLE NECK AND SLEEVES.

See Army section for directions, page 20.

MEN'S CONVALESCENT JACKET—

See Army section for directions, page 21.

LIGHT WEIGHT AMPUTATION COVERS—

See Army section for directions, page 23.

AERO CAP

Colour—Airforce blue.

Wool—4 ozs. double knitting or equally heavy
wool.

Needles—2 No. 9.

Tension—5½ sts. = 1 inch.

Cast on 44 sts. **1st row:** (K1. Inc. 1 st. in next st.
K18. Inc. 1 st. in next st.) twice. K2. **2nd and
alternate rows:** K1. Purl to last st. K1. **3rd row:**
(K1. Inc. 1 st. in next st. K20. Inc. 1 st. in next st.)
twice. K2. **5th row:** (K1. Inc. 1 st. in next st. K22.
Inc. 1 st. in next st.) twice. K2. Continue increasing
in this manner to 100 sts. on needle. Work 3½ ins.
even in stocking st. ending with purl row. Cast off.

FRONT BAND: Cast on 70 sts. **1st row:** K2.
*P1. K1. Repeat from * to end of row. Repeat this
row for 3 ins. Cast off in ribbing.

BACK BAND: Cast on 96 sts. **1st row:** K2.
*P1. K1. Repeat from * to end of row. Repeat this
row for 3 ins. **Next row:** K2. (P1. K1) 15 times.
Cast off 32 sts. (P1. K1) 16 times. Working on
last 32 sts. continue in ribbing, dec. 1 st. each end
of needle in 3rd and every alternate row to 20 sts.
on needle then every row to 12 sts. on needle.
Proceed—

1st row: (buttonhole) K1. P2 tog. K1. P1. Cast
off 2 sts. K1. P1. K2 tog. K1. **2nd row:** K1. K2
tog. P1. Cast on 2 sts. K1. P2 tog. K1. **3rd row:**
K1. P2 tog. K1. P1. K2 tog. K1. **4th row:** K1.
K2 tog. P2 tog. K1. **5th row:** (K2 tog.) twice.
Cast off.

Join wool to remaining 32 sts. and work to cor-
respond.

TO MAKE UP: Press pieces carefully. Sew
seam of cap. Sew front band firmly in position along
the lower edge of front, leaving 8 ins. plain at back.
Sew the ends of the band to the cap. Sew the
back band in position, overwrapping the front band
at the sides and leaving 5½ ins. plain at the front.
Sew buttons on cap to correspond to buttonholes.
Sew another button immediately below the button-
hole inside the right point.

THE AERO HELMET—

Materials—Special 4-ply Service Yarn (heavy
weight). 4 ozs.

Needles—Two No. 8 knitting needles. Two
stitch holders.

Tension—5 sts. = 1 inch. **Work to exact ten-
sion.**

Cast on 122 sts. **1st row:** K2. *P1, K1. Repeat from * to end of row. Repeat 1st row for 6 ins.

To make face opening: Rib 49 sts. Cast off 25 sts. firmly. Rib to end of row. Slip the 49 sts. onto st. holder and working on last 48 sts. rib 3 rows.

To make ear opening: Rib 13 sts. Cast off 3 sts. Rib to end of row. Slip the 13 sts. onto 2nd st. holder and working on last 32 sts. continue in ribbing dec. 1 st. at ear edge every alternate row twice. Rib 5 rows even, ending at ear edge. Inc. 1 st. at ear edge on 1st and 3rd rows, rib 4 rows. Break wool. Slip the 13 sts. from 2nd st. holder onto needle. Leave the 32 sts. just worked on 2nd st. holder. Join wool to the 13 sts. and rib 13 rows. **Next row:** Rib 13 sts. Cast on 3 sts. Rib across the 32 sts. from 2nd st. holder. (48 sts. on needle). Rib 3 rows. Break wool. Leave these 48 sts. on 2nd st. holder.

Slip the 49 sts. from 1st st. holder onto needle. Join wool at face edge. Rib 3 rows. **Next row:** (making ear opening). Rib 33 sts. Cast off 3 sts. Rib 13 sts. With 33 sts. instead of 32 sts. on back portion, work this side to correspond to first side being careful to have shapings at opposite side, ending at back edge. **Next row:** Rib 49 sts. Cast on 25 sts. Rib the 48 sts. from 2nd st. holder. (122 sts. on needle). Rib 13 rows. Work now measures approx. 11½ ins. from beginning.

To shape crown: **1st row:** K2. (P1, K1) 4 times. P1. *K3 tog. (P1, K1) 10 times. P1. Repeat from * 3 times. K3 tog. (P1, K1) 6 times. **2nd and alternate rows:** K2. *P1, K1. Repeat from * to end of row. **3rd row:** K2. (P1, K1) 4 times. *P3 tog. (K1, P1) 9 times. K1. Repeat from * 3 times. P3 tog. (K1, P1) 5 times. K1. **5th row:** K2 (P1, K1) 3 times. P1. *K3 tog. (P1, K1) 8 times. P1. Repeat from * 3 times. K3 tog. (P1, K1) 5 times. **7th row:** K2 (P1, K1) 3 times. *P3 tog. (K1, P1) 7 times. K1. Repeat from * 3 times. P3 tog. (K1, P1) 4 times. K1. **9th row:** K2. (P1, K1) twice. P1. *K3 tog. (P1, K1) 6 times. P1. Repeat from * 3 times. K3 tog. (P1, K1) 4 times. **11th row:** K2 (P1, K1) twice. *P3 tog. (K1, P1) 5 times. K1. Repeat from * 3 times. P3 tog. (K1, P1) 3 times. K1. **13th row:** K1 (K1, P1) twice. *K3 tog. (P1, K1) 4 times. P1. Repeat from * 3 times. K3 tog. (P1, K1) 3 times. **15th row:** K2, P1, K1, *P3 tog. (K1, P1) 3 times. K1. Repeat from * 3 times. P3 tog. (K1, P1) twice. K1. **17th row:** K2, P1. *K3 tog. (P1, K1) twice. P1. Repeat from * 3 times. K3. tog (P1, K1) twice. **19th row:** K2. *P3 tog., K1, P1, K1. Repeat from * 4 times. Break wool. Thread end through remaining sts. Draw up and fasten securely. Sew up back seam.



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